



**Bharatiya Vidya Bhavan's  
Sardar Patel Institute of Technology  
Munshi Nagar, Andheri-W, Mumbai-400058**



## Report

Event Name: Unlock Yourself

Date of Event: 2020-10-08

Place of Event: Google Meet

In-Charge Member: WIE-SPIT

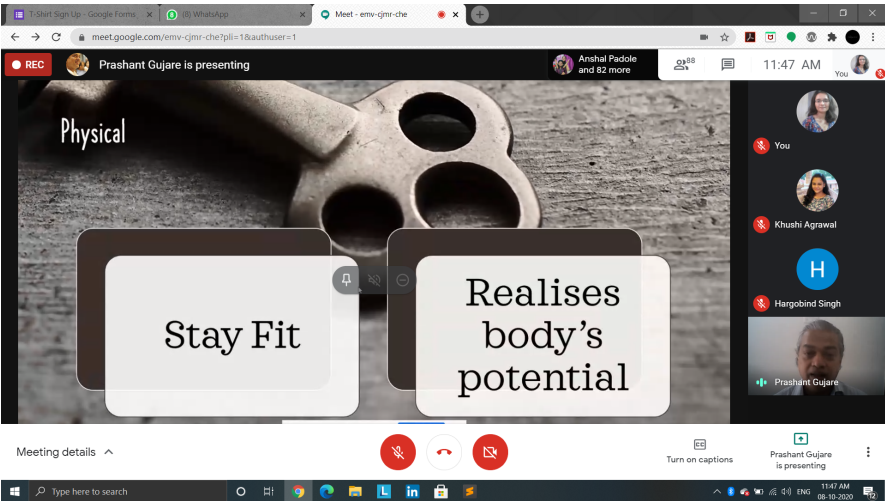
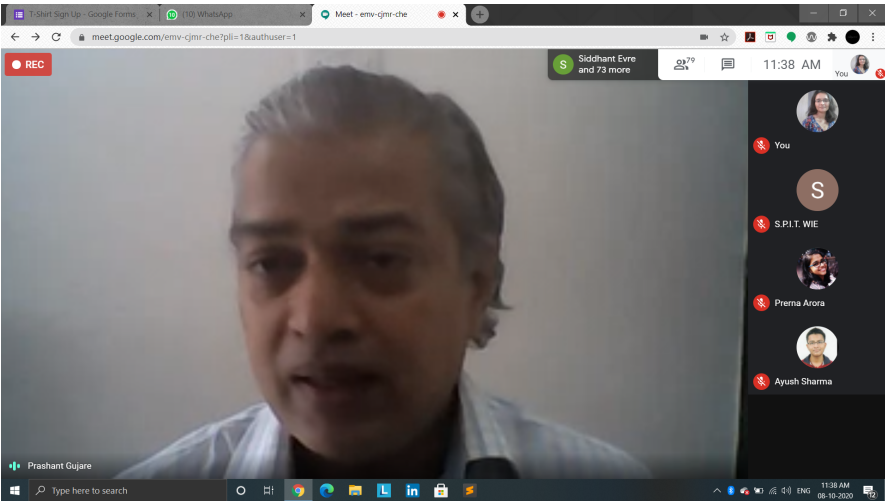
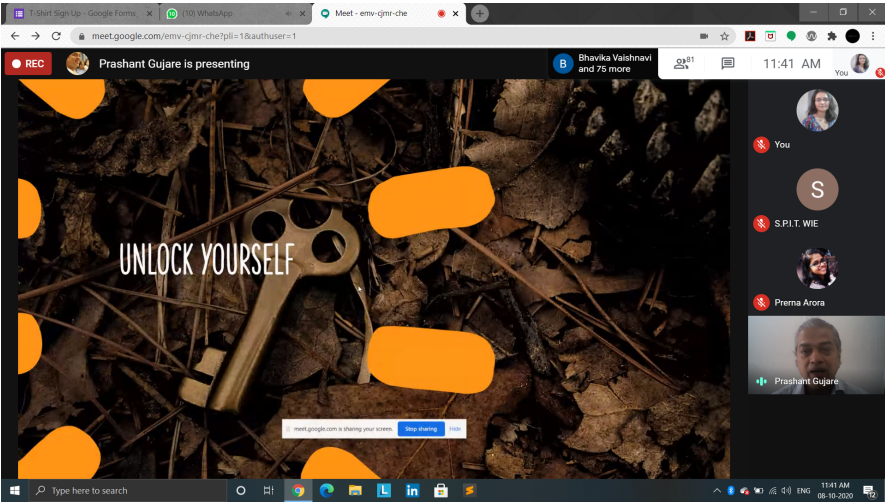
On 8th October 2020, WIE-SPIT team hosted a webinar on unlocking yourself. The speaker Prashant Gujarate taught the students how to unlock their true potential and how failure and successes do not matter unless you keep trying and keep improving. He also gave 6 most important skills required to achieve this millennium and they are play, empathy, story, symphony, design and meaning with each of them being very well explained by him.

He has spent 18 years in the IT industry after completing his MTech in IIT Bombay. He is a parenting coach for a last few years now and provides free parenting coaching. He shared instances from his life where he allowed himself to get bored at times and lived at asharam just to experience how life is beyond technology and to listen to his body and mind when kept in isolation.

The Webinar ended on a high note with the speaker giving the students advice by answering their questions and leaving them encouraged.



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